



A PRACTICAL WORKSHEET FOR BUSINESS OWNERS

Your AI Opportunity Map

Start with how your business works and one recurring task. Explore coaching, automation or custom software around that need. Use AI only when it fits; bring a clearer question to your free assessment.

01 / Name the work that repeats.

Recurring task

Times / week

Minutes / time

Stuck? Think about marketing drafts, market research, follow-up, scheduling or moving information between tools.

02 / The one task I would most like to improve

Why does improving this matter to the business?

SMALL ENOUGH TO TRY. CLEAR ENOUGH TO JUDGE.

Design a small, *low-risk test.*

Choose a small change you can check: a new skill, a simple automation or a software idea.
Use fictional or approved, non-sensitive information. AI is optional, not a requirement.

01 / What should a useful result look like?

02 / What approved information does the task need?

03 / What must a person review before anything is used?

A SMALL TEST PLAN

For [task], try [a coached approach, automation or a software prototype] using [approved input].
Check [the useful result] and [what a person must review]. If AI helps, ask it to flag missing facts.
Compare the result with your current process before taking any real action.



USE THE TEST TO MAKE A BETTER DECISION.

Decide what *happens next.*

Compare the current process with your small test. Include review and corrections in the time. Use what you learn to improve the approach, seek help, or keep things as they are.

Current time (minutes)

Test + review time (minutes)

What worked, what was wrong, and was the result usable?

Which next step fits what you learned?

- ☐ Coaching: build confidence and consistency.
- ☐ Automation: simplify a repeatable process.
- ☐ Custom software: solve a need existing tools do not meet.

The question I want to bring to my free assessment

Bring this map to the conversation. We can explore the problem and decide whether working together makes sense.